

# February 2010

## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> NO SCHOOL Teacher Records Day	<b>2</b> Cheeseburgers French Fries Cookie Fruit / Milk	<b>3</b> Chicken Tacos Spanish Rice Vegetables Churros Fruit / Milk	<b>4</b> Turkey and Cheese Sandwich Vegetable Soup W/ Crackers Fresh Fruit / Milk	<b>5</b> Cheese Pizza Tossed Salad Garlic Stick Fruit / Milk
<b>8</b> PURPLE DAY Chicken Nuggets French Fries Dinner Roll Grape Juice / Milk	<b>9</b> WHITE DAY Baked Potatoes W/ Ham*** and Cheese Sliced Bread Animal Crackers Fruit / Milk	<b>10</b> RED DAY Turkey Dinner Mashed Potatoes W/ gravy Dinner Roll Beets Fruit / Milk	<b>11</b> YELLOW DAY Hot Ham*** and Cheese On a Bun Sweet Potatoes Sticks Treat Fruit / milk	<b>12</b> GREEN DAY EARLY RELEASE Grilled Cheese Vegetables Green Apples / Milk
<b>15</b> NO SCHOOL Staff Development Day	<b>16</b> Potatoes W/ Ham*** Sliced Bread Vegetables Graham Crackers Fruit / Milk	<b>17</b> Macaroni & Cheese Vegetables Dinner Roll Treat Fruit / Milk	<b>18</b> Chicken Sandwich Potato Rounds Pudding Fruit / milk	<b>19</b> Pizza Dippers W/ Sauce Vegetables Garlic Bread Treat Fruit / Milk
<b>22</b> Bbq Pork Sandwich*** Potato Salad Sliced Pickles Treat Fruit / Milk	<b>23</b> Nachos*** Spanish Rice Vegetables Cinnamon Crisps Fruit / Milk	<b>24</b> Chili W/ Cheese Corn Bread / Crackers Fresh Veggies Fruit / Milk	<b>25</b> Hamburger French Fries Sports bite Crackers Fruit / Milk	<b>26</b> BRUNCH FOR LUNCH French Toast Sticks W/ syrup String Cheese Juice Bar Hot Apples / Milk

### Guess What?

Your heart can beat up to 40,000,000 times per year!  
 Roller-skating involves all of the body's muscles, especially the heart, and provides a complete aerobic workout.

Lunch Prices	
K4-5 <sup>th</sup>	\$1.80
6 <sup>th</sup> - 8 <sup>th</sup>	\$1.85
Adults	\$2.35
Reduced	\$0.40
Ala Carte	\$0.75
Fresh Fruit	\$0.50

Adults Only	
Wraps	\$2.00
Veggie Salad w/meat	\$3.00

February 8 thru 12 is  
 P.A.C.K. Week.

Monday.....Purple Day  
 Tuesday.....White Day  
 Wednesday...Red Day  
 Thursday.....Yellow Day  
 Friday.....Green Day

Look for new fruits and  
 Vegetables served....

ALL MENUS SUBJECT TIO  
 CHANGE....

MAY CONTAIN PORK\*\*\*

